

# Crow Hill Climb and Potluck BBQ

Come, climb and bring food to share!



Suggestion: last names starting with:

- **A – H:** bring something for the grill
- **I – P:** bring dessert or salad
- **Q – Z:** beverages or munchies



Charcoal grills will be available along with non-perishables, trash bags, plates, utensils, napkins and cups.

Saturday, May 7<sup>th</sup>

8:30AM – climb!

3PM – BBQ!

More details



Turn over to other side

# Graduation Celebration

## Congratulations!

You've just finished 5 weeks of intensive rock climbing training and basic skills learning, but just when you were looking forward to finally getting some rest on the weekend, doing some yard work or reconnecting with your family, along comes another opportunity to play on some vertical rock. In fact this opportunity is what you have been practicing for all through April (and a heads up – if you become a climber, yard work will always take a back seat). If you enjoyed what you did in the course, then this is another opportunity to focus on practicing and using those skills. If you are thinking of going to “New Seconds” weekend at the Gunks, then this is the perfect warm up.

## Here is the skinny:

**When:** Saturday, May 7<sup>th</sup> @ 8:30AM and potluck BBQ starts around 3PM

**Where:** Crow Hill, Leominster State Forest, Leominster, MA. Meet at the paved parking lot on the east side of Rt 31 ~ 3 miles south of Rt 2, by the lake. Note – this is NOT the traditional climbers' parking lot (mentioned in the course handout) which is ~1/4 mile further south on Rt 31 on the West side. Cross the road and follow the trail uphill. The paved lot is available until Memorial Day, is slightly closer to the cliff and has an outhouse.

Map and directions also available online at: <http://amcbostonclimbers.org/map>

**What:** A day of rock climbing followed by a potluck cookout (~3-6PM) at the picnic area next to the parking lot. The cliff is 100' high with rural views to the SE and routes from 5.4 - 5.13. The climbing consists of both top-roping and seconding traditional climbs – some up to 2-3 (short) pitches. The cookout – well it's potluck (see below).

**With Who:** There will be top ropes available for set up so it is very social climbing. However, this is a good time for new climbers to start being proactive and ask (ahead of time) one of the instructor/leaders if they could climb with them at Crow Hill. New climbers can start building their climbing partner network.

**Gear:** You should have all your personal climbing gear – shoes, harness, helmet, chalk bag (optional), belay device and locking biner. Additionally a couple of extra “shoulder” length (24”) slings and 2 locking biners would be useful if you want to second any trad climbs and need to anchor in. We will provide some ropes and anchor materials for top roping. Leaders will be using their own gear and ropes (so be extra careful and treat it nicely).

**Potluck:** You provide the goodies. We will provide the hum-drum non-perishables. Suggestion: last names starting with: A – H: bring something for the grill, I – P: bring dessert or salad, Q – Z: bring beverages or munchies. Please plan to bring enough for 3-4 people. BYOB.

**Permits:** The Massachusetts DCR (Department of Conservation and Registration) would like all individuals to obtain a (free) climbing permit. This can be done at the State Forest HQ building that is ~1 mile north of the parking lot on the west side of Rt. 31. If it is convenient and the HQ is open when you go past. Stop in and obtain one. If it's not possible, you will be able to get one later.

**Note:** It can be very buggy (black flies in May) at Crow. You might want to pack some repellent.